



## FRESH AIR...

<sup>13</sup> *I believe that I shall see the goodness of the LORD in the land of the living.*

Psalm 27:13

Fresh Air! Fresh Air is one of the best gifts of the land of the living! My prayer for Westminster for these upcoming "outside" months is we truly can focus on the Holy Spirit in our Lives. Starting on Pentecost Sunday, May 24 we'll begin a sermon series entitled *Fresh Air: The Holy Spirit for an Inspired Life*. Our series is based on the book by Professor Jack Levison. Levison writes, "The Holy Spirit is not just about speaking in tongues, spiritual gifts, or "fruits"-but also about our deepest breath and our highest human aspirations." I had read Levison's book earlier this year and then on a recent Sunday a member asked me, "Could you preach about the Holy Spirit, we want to learn more?" A preacher's dream! A hungry heart for becoming more aware and knowledgeable about the Holy Spirit!

So please get on board for our summer series on the Holy Spirit! To deepen your own journey I invite you to participate in *40 days with the Holy Spirit* which will begin on June 1. This is a book study (this book is also authored by Levison) you could experience alone or gather some fellow pilgrims and participate in the study together. Books will be available beginning Pentecost Sunday, May 24 for \$10.00, call the office to reserve your copy! The Christian Education committee will also offer a class beginning June 7 to discuss the sermon series as well.

As we go to print on this last day of April I am so grateful for the spirit of anticipation for our upcoming renewal weekend! 110 years of vital ministry in the Cedar Valley is a gift to be celebrated. I pray you will participate in viewing the beautiful art work, celebrating our confirmands and rejoicing in song as we come together on Sunday evening for an incredible concert presented by Selah and Point of Grace.

Fresh Air! The Holy Spirit is alive and available to you!

With a grateful heart,  
Pastor Tricia

### **Inter-Faith Social Open House-time to visit, enjoy refreshments, listen to music and view amazing art exhibit! Friday, May 1, 2 to 5 pm**

Please stop in and gain much from the inspiration from these Scribes of Hope art display on loan from Christians in the Visual Arts. We have invited our friends from the faith communities on Kimball Avenue to come and join us for this open house. On display until Monday, June 8.



### **Special Offering for Youth Camps**

After meeting with our session, the Elders have agreed to the Christian Education Committee's request for two special offerings that will help our youth to attend our summer camps this year. As many of you may know, we have more junior and senior highs attending our summer camps than ever before. Over 60 will be attending either the junior high Great Escape camp in Wisconsin or the senior high mission trip in Copperhill, TN. The funds raised from these two offerings will help with scholarships for our youth.

Many of you have asked what a full scholarship would cost. For our junior high week at Great Escape the cost is \$445 and for the senior high trip to Copperhill, TN \$383. The two offerings will be taken on May 3 and September 13. On behalf of the youth and myself, we would like to thank you in advance for your continued support in all that we do. Please contact me if you have questions.

With a grateful heart,  
Scott Cose  
Director of Youth Ministries



# WORSHIP

## May Sermons

May 3	Faith Forward	Romans 1. 1 - 17
May 10	Justifying Who We Are	Romans 5. 1 - 11
May 17	Freedom to Live	Romans 6. 1 - 14
May 24	Fresh Air: The Help	Acts 2. 1 - 4, Romans 8. 18 - 38
May 31	Fresh Air: Job's Vow	Job 12. 7 - 10, 27. 1 - 6

## May, 2015 Bible Verses

The following verses are to encourage your heart as you deepen your knowledge and love of God. You can pick up the full schedule of verses in the church office.

### Week 18, May 3 - Romans 8:28, KJV

*"And we know that all things work together for good to them that love God, to them who are the called according to his purpose."*

### Week 19, May 10 - Romans 8:31, KJV

*"What shall we then say to these things? If God be for us, who can be against us?"*

### Week 20, May 17 - 1 Thessalonians 5:18, KJV

*"In every thing give thanks: for this is the will of God in Christ Jesus concerning you."*

### Week 21, May 24 - 2 Timothy 1:7, KJV

*For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind."*

### Week 22, May 31 - John 14:6, ESV

*"Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me."*

## Music Ministry

Welcome to Westminster Presbyterian Church! If you would like to become involved with Music at Westminster, please call the office and ask for Neil Forsythe, or email me at [neil@wpcw.org](mailto:neil@wpcw.org). Thank you!

**Worship With us Sundays at:** 9:00 am for Traditional Worship and 11:15 am for Contemporary Worship

### Special music for our services in May:

May 3 Confirmation	9:00 am 11:15 am	Sanctuary Shared Life Center	Chancel Choir Worship Team
May 10 Graduation	9:00 am 11:15 am	Sanctuary Shared Life Center	Chancel Choir, Meisteringers Worship Team
May 17	9:00 am 11:15 am	Sanctuary Shared Life Center	Chancel Choir Worship Team
May 24	9:00 am 11:15 am	Sanctuary Shared Life Center	Brass Quintet Worship Team
May 31	9:00 am 11:15 am	Sanctuary Shared Life Center	TBA Worship Team



# FORMATION

## Wes Pres Youth

Our school year may be slowly coming to an end but not our activities with the Wes Pres Youth! We are gearing up for all of our summer activities for the upcoming spring and summer months!

### 2015 Confirmation Class Confirmed May 3

This year we have twelve 8th graders who will be confirmed during our 9:00 service on May 3. These dedicated youth have spent the past three years studying the Bible, the history of the church, their faith and spirituality. On April 24/25 they attended their confirmation retreat, took their test, wrote their statement of faith and selected a Bible verse that was important to them. These young people have certainly been a joy to spend time together with as we traveled their faith journey together.

**The 2015 Confirmation class is:** Shelby Bass, Nick Coenen, A.J. Fabrizio, Nathan Hoffman, Alyson Hurley, Jacob Kuhn, Luke Mastin, Mason Nordman, John Powell, Ben Rempe, Nick Ritland and Josh Thomas.

### The Senior High Graduation Class of 2015

On May 10, the class of 2015 will participate in and be honored during both services and with a special power point being shared during the 11:15 service. There will also be a reception honoring the graduates between services at 10:00 am.

**This year's graduates are:** Jason Andriano, Megan Jordan, Emma Lewis, Olivia Lewis and Olivia Waschkat.

### Summer Youth trips

All youth who will be participating in a summer trip, this includes both junior and senior highs, please return all your forms and payments for camps no later than May 17. If you have questions or need to talk to me about scholarships, please contact me at the church.

### Fusion

Our "Fusion" group will be attending the "You Amaze Us Tour" featuring Selah and Point of Grace on May 3. Tickets are available at the church for \$20.00 apiece. Please let me know if you have any questions.

Peace,  
Scott Cose

## Wes Pres Kids

As we near the end of our programming year, it has been a huge



What a great month April turned out to be! So much happened!



The Easter Joy Celebration at the very beginning of April was a wonderful success. Thanks to all of you for attending and bringing your families.

On April 22, we honored our 5th graders with a graduation ceremony during Discovery Night. I know they will continue to do wonderful things as they transition into Scott's Youth Program.

**LOOK OUT SCOTT! HERE WE COME!**

April 29 marked the Last Discovery Night. Thanks to all who helped with the end of the year party at the Sportsplex. 35 kids and 8 adult chaperones attended.

May is going to be just as busy as April.

**MARK YOUR CALENDARS FOR MAY 10!!! YOU DON'T WANT TO MISS IT!!!**

**May 10 is the last day of Sunday School.**

But no need to be sad! We will have Sunday School during the summer, too! We will have Summer Sunday School from June 7 through July 26, but we will NOT be meeting on July 5. During the summer, preschool and kindergarten classes will meet together in the kindergarten classroom on the 1st floor, and 1st-5th grade will meet together in the drama room on the 3rd floor. The theme for the summer will be the Fruit of the Spirit.

**May 10 is also the day we will recognize all of our Teachers and Volunteers** who make our Children's Program a success! Thanks to all of the Sunday School teachers. Thank you to everybody who volunteers their time on Wednesday nights to make Discovery Night a success. On the 10th, there will be an insert in the bulletin listing all of their names. Be sure to tell them how much you appreciate them!

**VBS IS ALMOST HERE!!!** It is the week of **June 15-19.**

**May 10 is when VBS REGISTRATION BEGINS!**

There will be a table in the Welcome Center with all the information you need to get registered for VBS.



Join us this year at SonSpark Labs for a week of laboratory adventures and fun! Through their adventures, children will discover God's Big Plan--2 MAKE Us, 2 BE WITH Us, 4 Us 2 KNOW Him, 2 SAVE Us and 2 LOVE Us 4-Ever! We will have a great time with lively songs, hilarious skits, creative crafts, exciting games, Bible stories and tasty snacks--all of the things that make VBS so much fun for children.

**Can you help by donating food or supplies for VBS?**



Would you be willing to donate food for the **Kids' Snacks** or supplies for the **Kids' Crafts** during VBS? **May 10**, look for the VBS table in the Welcome Center, listing the items we need. You will have the opportunity to pick up a 3"x5" card (or two!), write your name on the sign-up sheet along with which items you will be donating, take the card home, buy the items, and return the items to the donation box on the table.

Would you be willing to donate food for the **Staff's Snacks** during VBS? We are looking for donations of food for the staff to eat during their breaks while they help out at VBS. **May 10**, look for the VBS table in the Welcome Center, listing the items we need. Write your name on the sign-up sheet, along with what you will be donating and which day during VBS you will be bringing it on. Thanks for your help!

**Have you volunteered to help with VBS?**

**The VBS Staff Meeting will be May 17 at 10:15 am.** There is no Sunday School this day so you don't have to worry about missing class. This is for all adults and youth who will be helping with VBS in any way. During the meeting you will:

- learn where you have been assigned to work during VBS
- learn what is expected of you during VBS
- get an overview of the theme and the schedule for the week
- be able to sign up for a VBS T-shirt
- be able to ask any questions you may have

If you are a head teacher or leader you will receive the teaching resources you will be using so you can look them over and be prepared when VBS week gets here!

Alisa Engelhardt

## Support Kingsley's Ice Cream Social

Our Partner-In-Ed is asking for us to donate to their Ice Cream Social being held Friday, May 15. They are asking for bags of apples, 8"-9" cakes in a disposable foil pan, cookies and brownies (in half dozen counts, wrapped). NO NUTS OR PEANUT BUTTER PLEASE. Sign up in the Welcome Center or call the church office. Please drop off your goodies by noon on Friday, May 15. Thank you for your support!



## Adult Sunday School Opportunities:

**The classes below will run through May 10.** We'll have a short break and new opportunities will begin on June 7 and run through July 26! Stay tuned.

**Jesus: The Fulfillment of Old Testament Prophecy:** Jesus told his followers, "Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill." (Mt 5:17) Building upon last fall's class on the Old Testament prophets, we'll study how Jesus fulfilled their promises. During this 6-week study, we'll discuss how Jesus is the New Covenant and asks us to live in ways that reflect mutual love, respect, justice, and kindness. We'll talk about our need for repentance and the abundance of God's grace. We'll focus on learning from Jesus' complete trust in God alone and how we best remain faithful. As Christians, we have a primary need to be in a close, loving relationship with the God who loves us more than we can imagine. This class will bring insights from the Old Testament and the gospels so we can each find greater faith and joy.

**When:** Sunday's at 10:10 am. **Where:** Chapel. **Instructor:** Rev. Cathy Young.

**Building Marriages That Last:** "Falling in love is easy, but staying in love takes courage, hard work, and lots of grace." You are invited to join the group studying how to make a marriage last. Talking about marriage and love relationships is always interesting and thought provoking. To do so in the context of the Christian faith makes the discussion doubly rewarding. We learn from each other, so that married couples will learn from those who are not married, and singles will gain valuable insight from their married friends. Our faith family is a connective group of personality, insights, and experiences. Some good, some bad. Let's help each other!

The study is not....

- a cure-all for troubled marriage
- a replacement for premarital counseling
- a recipe book or a tested formula, "Do this, and you'll have a happy marriage."

Here's what the study is:

- an exploration of the meaning and mission of marriage, a relationship in which each person blesses the other
- a careful consideration of data that point to factors making for a happy marriage
- assurance that, no matter how happy people are in a marriage relationship, difficulties will arise that can be met with confidence, faith and love

Are you ready to look at marriage relationships in a deep and enjoyable way? If so, don't hesitate, join us.

**When:** Sunday's at 10:10 am. **Where:** Room 216. **Instructors:** Jean and John Butler.

## Weekday Adult Opportunities

### Mondays

**New Bible Study for Women begins May 4** - Rev. Cathy Young lead a weekly, in-depth Bible study for women from 9:00 to 10 am on Mondays in the chapel. All women of Westminster and the wider Cedar Valley are invited to attend the study. The group will work its way through the four New Testament gospels, beginning with Matthew. Women are asked to bring their favorite Bible.

**When:** Monday's at 9:00 am. **Where:** Chapel. **Facilitator:** Rev Cathy Young

**Mens Bible Study:** Join us on Monday's at 9:00 am in Room 216. The men read, of course, but also discuss the implication to their faith walk. Open to those men who can spare an hour of time to grow together with other individuals striving for growth. Coffee and treats are also included. The important challenge for the members is to be open and share together. Disciple learning is their goal. Join us as time permits. **When:** Monday's at 9:00 am. **Where:** Room 216. **Facilitator:** John Butler.

**Sweet Hour of Prayer:** Join with us in the Chapel to review prayer joys and concerns of our extended church family. All are welcome. **When:** Mondays at 1:30 pm. **Where:** Chapel.

### Update on Centering Prayer Opportunities

The Tuesday and Thursday morning 8:30 Centering Prayer groups are planning to continue as they are now for summer. The Wednesday evening Centering Prayer group will continue also in May and on into the summer beginning at 6:00 pm. The time will be changed during our summer BBQ and Blessing services on Wednesdays, the new time will be 6:45. On Wednesdays, please enter through the front door. Please call the office 234-5501 with any questions. Thank you.



## Westminster Gone Camping! July 26 - 31, 2015 at Gull Point State Park

Even though our camping registration deadlines have passed, you may still be able to join us. Please contact Bruce Rempe at: ([bruce@rempefamily.net](mailto:bruce@rempefamily.net) or 319-342-3564). We will engage to determine whether camping or housing options are still available, and - if so - seek to make it possible for you to be a part.

### Photo Directory Update

One last opportunity to have your picture taken for the directory. Sunday, May 10 from 8:30 am - 9 and 10:00 am - 11:15 in the main office. You can still email a picture and the information you would like listed to Jodi up until that time at [jodi@wpcw.org](mailto:jodi@wpcw.org)



## RESOURCES



### 1st Quarter Report - Finance Committee

This year the Finance Committee is trying to more openly communicate with you the financial position of your church. So, please read the Messenger for our monthly updates. In addition each quarter we will give you a brief update at a Sunday service.

Today it's my pleasure to give you our 1st quarter report. As expected our income from pledges is down \$30,000 from last year. That is partially offset by an increase in non-pledged receipts of nearly \$11,000. Other income sources are up, resulting in total revenues being down \$15,000 from last year. While not alarming at this point, we will continue to watch the results closely.

As budgeted our total expenses are down this year \$29,000. Of course, most of this is due to the vacancy of our senior pastor position, which is partially offset by an increase in salary for our acting head of staff and the interim parish associate position. We were also blessed with a relatively warm winter reducing our snow removal and utility expenses by \$5,000.

At the end of the quarter revenues have exceeded expenses by \$2,904 compared to a loss of \$10,311 last year. However, we have budgeted to have a surplus at year-end of \$57,500. If we add in 1/4 of that for the 1st quarter we are at a loss of \$11,472, nearly the same as last year.

In summary, we are about where we expected to be at the end of the 1st quarter. If by chance you are behind on your pledge, now would be a great time to get caught up. We also encourage you to add an extra \$30.81 per member for our per-capita dues to the Presbytery.

If everyone paid their per capita it would save us \$21,000.

Thanks for your continued support - we are so blessed to have such a generous congregation.

Please do not hesitate to ask any member of the Finance Committee if you have questions.

Joe Vich  
Finance Committee Chair

# A Message on Stewardship

## Stewards of More than Enough

*Jesus, looking at him, loved him and said, "You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me." Mark 10:21*

Jesus' challenge to the rich ruler to give up all possessions has always been terrifying - because I'm rich. Not Warren Buffett rich, or Bill and Malinda Gates rich or Oprah Winfrey rich, but rich enough. I have an education, a job, a house, a mostly reliable car, food... enough. More than enough.

So, years ago when this was the Bible passage read in church, I wondered what our pastor might say. After pointing out that Jesus would not be likely to ask the same thing of everyone, he went on to suggest an approach to faithfully deal with possessions. Step 1: Go through your possessions, identify your excess, and give it away. *"Whoever has two coats must share with anyone who has none; and whoever has food must do likewise."* -Luke 3:11 Step 2: Learn to distinguish "needs" from "wants" lest you reacquire an excess. Step 3: For those possessions you've kept, find ways to share them. (There's joy in the adventure of generosity!)

It takes discipline to live a simpler lifestyle. Many of us certainly have lapses, but the rewards are great. And I was finally freed to see what I had overlooked while fixated on my fear... the amazing invitation: *"then come, follow me."*

As we begin a bountiful renewal of spring and summer let us reflect on our fortunes and decide what "more than enough" is for you.

*A message by Doris Powell, author of Stewards in the Household of God: a Resource for Holistic Year-round Stewardship*

John Speas  
Stewardship Chair



## MISSION



### Nuquay Update

The Nuquay children have arrived from Liberia! On Sunday, May 3 at the 9:00 service, the Nuquay family will come forward so that P. Angle, Mark and Markline can be introduced and welcomed to Westminster!



### Free Community Breakfast - Saturday, May 2

Please let people of the community know about this gathering each month. Invite them to join us for a time of devotion and a wonderful home cooked breakfast. Breakfast begins at 8:00 am.

### Westminster Scrip Cards

Scrip cards are available at WPC to make your shopping life much easier! Scrip cards are pre-loaded cards that you can buy here at church to use while shopping or to give or send as gift cards. If you are shopping in stores or online, we have a card that matches your needs.

A financial portion of every card's value goes back to Westminster! Anywhere from 2% all the way up to 14% of each card benefits the church. Buy a \$100 card from Old Navy and the church gets \$14.00 and you get all of the \$100 to spend! Grab your checkbooks and look for the Scrip table between services this Sunday. We have a list of all the cards and their percentages and we can special order cards for you if you don't see them on the list.

Support the church and get your shopping done the easy way with Scrip cards. Available on Sunday's between services.



## The Nest

On May 3 and 10 the mission committee is asking the congregation of Westminster to bring baby supplies for new and expectant mothers. Black Hawk County Nest is a cooperative endeavor between Westminster and Operation Threshold. Enrolled families can earn points by attending Nest classes, groups and activities and maintaining healthy behaviors until the child's 5th birthday. Points are then redeemed for baby/child care items. **The following is a list of items needed: Diapers, wipes, Pull-ups, clothes (new or used), toys, feeding supplies (baby bottles, toddler spoons & bowls, etc), baby wash/shampoo, baby lotion, diaper rash cream and pajamas.** For more information go to:

[www.operationthreshold.org/programs/blackhawk/nest-programs](http://www.operationthreshold.org/programs/blackhawk/nest-programs)

## Medical Equipment Lending Program

The Deacons have adopted a Medical Equipment Lending Program. A few of each item listed below would be held in a closet to be loaned on a short term basis to Westminster members. Should you have any items that we can use, please contact the church office at 234-5501. Thank you!

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> Wheel Chair      | <input type="checkbox"/> Walker       |
| <input type="checkbox"/> Cane             | <input type="checkbox"/> Crutches     |
| <input type="checkbox"/> Bed Rails        | <input type="checkbox"/> Shower Chair |
| <input type="checkbox"/> Bathtub Grab Bar | <input type="checkbox"/> Other        |

## Prayer Shawl Ministry

The Prayer Shawl ladies have been busy knitting and crocheting beautiful, soft, cuddly prayer shawls. If you know of someone who is grieving, ill, or lonely, take a prayer shawl to them from the prayer shawl rack which is by the elevator.

The Prayer Shawl group has asked for the Lord's blessing upon the shawl and upon those who will receive them.

2015 celebrates our 9th year of Prayer Shawl ministry! To date, 479 knitted and crocheted prayer shawls have been given away to individuals, taken to Allen and Covenant Hospitals or given to Hospice.

Thank you for giving a prayer shawl and sharing Jesus' love with others.

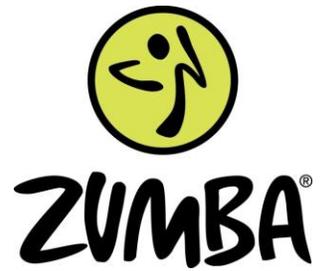
Judy Morris,  
Parish Nurse

## Zumba!

Bring a friend and see what it's all about! These classes are for all fitness levels! Don't worry about keeping up ... you just go at your own pace!

Classes offered are Monday's 5:15 pm - 6, Thursdays 4:15 pm - 5, and Saturday's 8:30 am - 9:15 (coffee time starts at 8:15). Cost is only \$2 per class. No need to sign up, just join us when you can. All are welcome!

**Note:** no classes on May 4, 11, 14, 16 and 30



## Over 60 Fellowship

Prepare for the trip of a life-time! On June 11 the group will travel to a buffalo ranch near Fredricksburg for lunch and a trip into the buffalo pasture. Never fear ... those who plan to attend will travel in a wagon for safety purposes.

Lunch will be buffalo roast and several side dishes. Dress as if you are going on a picnic! The meal will be served outside, if weather permits. Shelter is nearby with farm sights also.

Cost is \$25, includes food and buffalo visit. More details forthcoming in the mail.

*LOOKING AHEAD!* Dates to schedule for future: Friday, May 1 Interfaith Social Open House at Westminster from 2-5 pm and October 8 to the Amana Colonies to watch the play, "The Church Basement Ladies In: The Last 'Potluck' Supper". Details will be shared in future newsletters.

## Presbyterian Women

Our sewing group, the Piecemakers, meets each Thursday from 9:00 am to noon. We make quilts, lap robes and children's clothing for mission. Fellowship is the main by-product. We need seamstresses who can sew children's clothing. We have material, patterns and sewing machines. We need YOU. We welcome new members, regardless of their sewing ability or age. Stop by to inquire about our special group of ladies.

Executive Board Meeting: Wednesday, May 6 at 10:30 am

Gathering: Wednesday, May 6 at 12:00

Serving: Sarah Circle

Program: Darlene Peterson, "Publishing Your Own Book"

Circles: Wednesday, May 20, 10:00 a.m., Library

Lesson 4: "Carrying in Our Bodies Jesus' Acts of Healing, Reconciliation and Love"

Read: 3 Corinthians 4:7 - 5:10

Church Women United

May Friendship Day Luncheon, May 1, 2015, 12:00 noon, Registration 11:30, First Methodist Church, 514 Randolph St.

## Friendship Club

Meets on Thursday, May 7 at 6:00 pm.

The program will be *Village Voices* directed by Jan Conrads. The committee for May is Betty Cline, Jean Gardner and Mary Rudd. Bring your covered dish and your tableware and join us for an evening of fellowship.

## Westminster Church Calendar

To view all the events happening at Westminster, click on [www.wpcw.org](http://www.wpcw.org) and view the calendar from our homepage.

## A New Look at [www.wpcw.org](http://www.wpcw.org)!

Please check out our brand new website! We have a new and attractive site to welcome anyone who is seeking information about Westminster Presbyterian Church! We made the decision to streamline the information on our site and to give it a clean and lean look! We kept all of the important information, but made it much more direct and easier to access! We hope you agree!

Enjoy the new website!

## **April Session Meeting Minutes**

The Session voted to add their monthly meeting minutes to the newsletter for your review. This gives you the opportunity to see what the committees discuss each month and how they help to make important decisions regarding your church. Simply click this link to view. [April Session Minutes](#)

## **In Sympathy**

Our deepest sympathies go to the following families on the loss of their loved one:

- John Nuquay and his family on the passing of his grandmother Yellah Nuquay

## **Adult Library**

Do you need a good book to read for relaxation or inspiration? We have a wide variety in our adult library. New donations appear periodically. Check the table in the hallway or in the library.

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